

Tattoo Aftercare

Firstly, we'd like to take this opportunity to thank you for your custom. Our continued success is very much down to our client base, and we hope you have been entirely satisfied with your visit!

Secondly, let's talk aftercare. Your session is done, (relief! ☺), but there is still a fair way to go to achieving that perfect tattoo. Looking after your tattoo is a big responsibility, and one that goes a long way to deciding how beautiful your tattoo will look when it is fully healed. This information sheet is designed to give you the best possible chance for a healthy and happy healing process. It is important, so read it all, hang on to it, read it again, maybe even tape it to your bathroom mirror ready for the next day. Take a couple of weeks practicing good care for your new tattoo, and the results will be clear for many years to come. Bad care will also show for years to come. There are many suggested ways to care for a new tattoo, but please follow this advice (unless previous experience has shown that you are allergic to our suggested aftercare cream). Please do not follow friends advice. As well-meaning as they might be, as they are not knowledgeable professionals.

Ok ☺ so here we go:

- Leave your dressing on for at least two hours after leaving the studio. This will allow your tattoo (which is an open wound) to settle down.
- Carefully remove your dressing and wash your tattoo with warm water and anti-bacterial soap. You can also use mild soap bars like Dove or Simple, but please refrain from using highly fragranced products as this will dry out the tattoo and encourage scabbing.
- Pat dry the tattoo with kitchen roll or a clean towel. Leave to air dry if still needed. The towel must be clean as towels can harbour high levels of bacteria.
- Carefully rub on chosen aftercare cream (we recommend **TATTOO GOO**) Avoid creams such as Savlon and Sudocrem as they can cause excessive scabbing.
- Wrap your tattoo in cling film, using medical tape to hold it in place where necessary.
- Repeat this process three times a day for approximately three days, ensuring the tattoo is also wrapped during the night. You will notice a slimy residue (the same colour as the inks) building up underneath the cling film. This is liquid scab, and is unable to harden as you are not letting air get to it. Make sure you gently wash this off each time you clean your tattoo. When you stop producing this residue, you are then able to stop wrapping your tattoo ☺
- Continue to use the cream as a moisturizer until the tattoo is no longer covered with a layer of dry skin.

Please be aware that if you choose to sit for a long session, or get a portrait tattoo, your skin may be at more risk of scabbing as the skin has been worked for longer period of

time. It is extremely important that you take this into consideration when healing, and take extra precautions, for example taking extra care not to knock the tattoo.

There are a few things we would recommend avoiding whilst your tattoo heals:

- If your tattoo scabs, do not pick the scabs. This will greatly effect the aesthetic of the healed tattoo.
- Do not go swimming until the tattoo is fully healed. Also avoid saunas.
- Preferably use the shower, instead of the bath, as it is not advised to soak the tattoo, and bath water can harbour dirt and bacteria.
- Do not go sunbathing or tanning.
- Do not partake in excessive exercise. Sweat WILL irritate the tattoo. Sweat is also your body's way of excreting toxins, which you will not want trapped under cling film against your new tattoo.
- Listen to your body. If your tattoo is bleeding excessively, scabbing very badly or refusing to heal over, chances are your body is not liking the aftercare that you're doing. In this case contact us immediately and we will be able to best advise you on how to continue 😊

People will heal at different rates, but if you follow these guidelines you shouldn't have any issues. We're always happy to answer any questions you may have though, so if you have a query that hasn't been covered here please feel free to ask.

High fives for making it through all of this information!