

Thank you for choosing Hello Sailor. We hope your experience has been a good one.

Happy Healing from all of us!

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Laser Aftercare

A guide to healing well





SHORT TERM CARE

Leave your dressing on for at least 2 hours after treatment.

Wash the area with non-perfumed soap and water and gently pat dry.

Apply Aloe Vera gel and re dress in cling film 2-3 times a day. It may be necessary to dress the wound for a few days to avoid rubbing on clothing.

You may apply cold compresses and take ibuprofen to reduce swelling but not aspirin.

Do not pick scabs!

Within the first 48 hours the area may be red and swollen and blisters may appear. Don't be alarmed but handle gently when cleaning.

Blisters usually last anywhere from 2-3 days to 2 weeks depending on skin sensitivity. It is essential that you do not pop the blister. Allow the skin to heal naturally underneath it. Blisters may be large but this is not unusual.

MID TERM CARE

Do not soak the treated area in water for prolonged periods until the skin has healed. Hot tubs, swimming pools and baths can increase the chances of infection.

Avoid make up, deodorants and shaving directly near the area.

Exercising is ok but avoid excess sweating for 48 hours after treatment.

Wear loose fitting clothing around the area

LONG TERM CARE

Once post treatment skin changes have subsided, and the skin texture has returned to normal, you will be ready for a follow up treatment.

To avoid long term pigment damage, SPF25 or above should always be worn in the sun.

ADVERSE REACTIONS

Everybody has different healing rates but 4-6 weeks is quite normal. If you experience any of the following extreme reactions, seek medical advice.

Persistent pain that will not reduce even with over the counter medications.

Fever over 100 degrees

Excessive bleeding

Oozing yellow coloured liquid

Contact Us

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